

## Letter from Guinness, Old friends get new jobs

### Inside this issue:

|                                   |   |
|-----------------------------------|---|
| <i>Horse Paddock</i>              | 2 |
| <i>Student Field</i>              | 2 |
| <i>Updates</i>                    | 2 |
| <i>Volunteer Corral</i>           | 3 |
| <i>Letter from Susy and Missy</i> | 3 |
| <i>From the Board</i>             | 3 |

My name is Guinness and I have been a resident here at Morning Mist farm from its initial inception. I've seen many horses and people come and go. As well as many changes to the farm itself. Never has anything baffled me as much as the Beyond Balance program.

About a year ago my friend Charmers and I began noticing strange things around the farm. Suddenly there were a lot more people there. I asked Charmers who all the new people were? He told me, "I don't know but they are all really nice." In the riding ring we found poles with colorful cones, a box of noisy and brightly colored human toys including rings, balls and stuffed animals.

To a horse these are all weird

objects to be thoroughly sniffed and watched with caution.

One day Charmers came into the barn exclaiming something about a mounting ramp. "A mounting ramp," I asked? "Yes" he said, "Lady and Keeper walk up to this new ramp out side and stand by it so their riders can mount. They don't seem frightened of it so I think it's safe but I've never seen anything like it." Many of the new changes brought on by Beyond Balance were strange to a horse indeed.

Charmers and I look forward each week to helping our students advance their fitness, gain an appreciation for animals and learn riding

kills. And I have even gained an appreciation for the mounting ramp.



### Beyond Balance "Quik News"

- One year May 7th since we had our first rider!
- New instructor joining our team
- Two new horses added
- Elementary School trip, and big volunteer group

## Infusing Beyond Balance with Energy Introducing Miss

In 2002 Miss Cole started teaching therapeutic riding. Miss Susy and Miss Cole spent 3 years teaching therapeutic riding together before moving to Morning Mist Farm.

This past year she traveled along the east coast competing in major competitions and working with world class riding instructors. When she wasn't riding horses for clients she spent her free time with her

own horse Indy.

Her energy and creativity, as well as her vast equestrian knowledge and therapeutic riding skills make her lessons fun and educational.

We are all happy that she has now been able to join us in making our second year here at Beyond Balance even better than the first.

Her passion for therapeutic

riding and all things related to horses and helping people will only enrich the program.





## *Horse Paddock, introducing Lady*

Wow, what a year!! This year has seen Beyond Balance grow and mature by strides and jumps. We've added an amazing amount of human friends to our lists of students, volunteers, and contributors. We've gotten a few horse friends to help us teach. As the sun began to stay in the sky longer, the days started to feel warmer and the lush green spring grass started to grow, our living quarters and barn area was remodeled. The shed has new

comfy stalls made just for us! Now we can enjoy the sun all day, eat as much grass as we want in the field, and stare at the stars at night.

If we get too hot or it begins to rain, our house is right there at our convenience. "What a great life for a therapy horse!

I look forward to meeting new people and continuing to teach.

Thanks for a great first year and I can not wait to see what our second year brings!

## *Student Field, Profile on Colin*

*"Riding Keeper enables me to get out of my wheelchair and tower over the people I would normally be looking up at."*

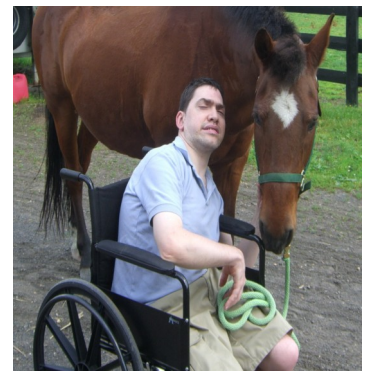
My name is Colin Morgan, I started riding Keeper at Beyond Balance in October of '07.

I enjoy Horseback riding because it helps me stay healthy and fit, it also makes me feel better and more relaxed when I am done.

Riding Keeper enables me to

get out of my wheelchair and tower over the people I would normally be looking up at.

The staff and volunteers make the hard work of horseback riding a fun and rewarding experience. It is hard work, but it makes me feel great! Keeper is the Best!



## *Volunteer Group makes huge improvements, Haviland Elementary comes out for field trip*



### **Moorestown Friends School:**

11th grade Moorestown Friends School came out for 5 days in early April and rehabbed our grooming barn and the shed where Lady and Keeper live. They did an excellent job moving the 25 tons of rock needed to fill in holes and make the shed, barn and ramp level. Great Job!



### **Haviland Elementary:**

Two different age classes of Haviland Elementary School came out for a field trip for 5 weeks once a week. They learned about the horses, and even how to ride. They did great!

## *Volunteer Corral*

My name is Karen Mansfield I am volunteer with Beyond Balance. I started volunteering last September because I wanted to do something outside with horses. I did not know anything about therapeutic riding.

From my first day, I was hooked! And now, I can't imagine doing anything else on a Sunday afternoon.

Missy Rush and Susy Berg, are amazing. They both are wonderful teachers, for the students and the volunteers!

Susy and Missy are able to teach each volunteer what they need to feel comfortable around the students and horses and have a positive experience. And that's on top of teaching the students!

Lady, Keeper, Guinness and Charmers are beautifully

healthy, with shiny coats and good attitudes. They are also very happy. It is very impressive.

I am very glad to have found Beyond Balance. It is one of the most rewarding experiences I have ever had!

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## *Letter from Susy and Missy*

The idea of starting Beyond Balance was floating around our heads since we met in 2004. One fateful day we got a call about a horse, Keeper, and that is when we really got the ball rolling to start the program.

Our first two horses, Lady and Keeper were anxiously waiting

for their riders when our first rider came for her evaluation on May 7th 2007. Since then we have done over 30 Evaluations of new clients, added 2 more horses, and have had over 40 volunteers learn about therapeutic riding.

Currently Missy teaches on Sundays, Susy teaches on Mon-

days and Nicole is teaching on Tuesdays.

Thanks to every one's help, we can keep teaching horsemanship and riding skill's, and doing what we love to do, work with our clients and the horses.

Sincerely, Missy and Susy



## *From the Board*

First we want to thank everyone who has been instrumental in our success and growth thus far.

Thank you so much to our supporters and friends for their generous donations; to our volunteers for their time, energy and caring of our riders as well as our horses; and thank you to our staff, who's many

hours of hard work are making so many dreams come true.

However we also want to send out a very special thank you to our Morning Mist Family for their encouragement, support, and friendship – you guys are the best!

We have accomplished so much in just one year and yet we have only taken our first

steps in achieving the goals of Beyond Balance. We are always seeking innovative ideas for fundraising opportunities so please share with us any thoughts you have in this area.

Individuals that would be interested in joining our Board of Directors or have thoughts, interests & ideas – we would love to hear from you!

Best Wishes, Melissa Palmer



Beyond Balance

## Calendar of Events

Check our website for updated Events!  
[www.beyondbalance.org](http://www.beyondbalance.org)

Spring Session: 4/6/08-6/30/08

6/2/08-6/28/08 Get your Raffle Tickets to win a \$250.00 gift card or a Wii game set, call for details!

7/3/08-7/12/08 No classes

7/13/08-8/26/08 Summer Session

8/27/08-9/6/08 No classes

9/8/08-11/24/08 Fall Session

10/25/08 HRH Horse Show

Please Check our website for Event Updates

[www.beyondbalance.org](http://www.beyondbalance.org)

## Would you like to help?

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**Yes!** I want to partner with Beyond Balance to change the life of a person with special needs.

Enclosed is my tax-deductible gift of: \_\_\_\_\_ \$50 \_\_\_\_\_ \$100 \_\_\_\_\_ \$200  
\_\_\_\_\_ **Other**

You can also sponsor a rider for a session **\$240** \_\_\_\_\_

Sponsorship of a rider provides Beyond Balance with a way to help riders with financial difficulties experience the joys of therapeutic riding.

Sponsor a horse **\$3000** \_\_\_\_\_ per year or **\$250** a month \_\_\_\_\_

When sponsoring a horse you help Beyond Balance to provide the best care to our horses. Sponsorship helps pay for Food, Veterinary and Blacksmith care, other supplements and special needs these wonderful animals need.

Your gift to Beyond Balance is greatly appreciated. With your help, we can continue to witness miracles, see smiles, hear laughter, and help create a greater quality of life for people with special needs.

Beyond Balance is a 501(c)3 corporation. All donations are tax deductible.

If you would like to donate to Beyond Balance, you can also go to our web site at [www.beyondbalance.org](http://www.beyondbalance.org)

Or tear this portion and mail Donations to

P.O Box 534 Hainesport, NJ 08036-0534



"SURPASSING ALL BOUNDRIES"

609.969.8899 [www.beyondbalance.org](http://www.beyondbalance.org)

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